



**Vidhyayana - ISSN 2454-8596**

An International Multidisciplinary Peer-Reviewed E-Journal

[www.j.vidhyayanaejournal.org](http://www.j.vidhyayanaejournal.org)

Indexed in: ROAD & Google Scholar

---

Freedom, Happiness, Self respect, Self pride, Arrogance

**Manish Dudhagara (@Man)**

English Blogger and Writer, Rajkot, India



Have you heard the song of Mohmmad Rafi Saheb?

*“Apni Aazaadi Ko Hum Hargiz Mita Sakte Nahi,  
Sar Kata Sakte Hai Lekin Sar Zuka Sakte Nahi.”*

I think we Indians need this kind of patriotism in our heart forever because we have got independence in 1947 but we are independent only you ask yourself a question Am I free? Your self will answer you from your internal mind. “No” because we are not actually free. We are bound with many traditions, our leaders, our wrong attitude, our society, superstitions etc. We always try to become others, we don't think even try to become ourselves. So we are not free and if we are not free, we are not happy.

Actually real freedom is linked with happiness. Thinking contrary from this if we are happy we can get real freedom. A few people believe that lions, tigers, cheetahs and leopards are pet animals. They keep in their homes chaining lions with self pride and make reels in FB and get millions of views, likes and comments of “Sher To Hamesha Sher Hi Palte Hai”. They keep misunderstandings in their minds that they can chain for long time the lions but actually they are wrong as a lion's nature originally is freedom they love to roam free in the fields of forests and in that they feel happiness.

The lions which live in the forests they are happy and satisfied with their inner sense so they enjoy their freedom. They can go where they want. They can kill an animal with their skill whenever they want. They can drink water from lakes which are in the forests, many wild life photographers take these clicks in cameras and are published in newspapers and are printed in newspapers. We can watch these lions happy, actually free and with full of self pride. We love to watch only these lions from heart so many people go to Gir forests for watching lions in safaris. I mean to say happiness is also linked with real freedom so both freedom and happiness are linked with each other.

Just like this, in humans these things are applicable. People who are happy , they can get freedom and people who are free, they can get happiness. Let's take an example of a teacher. A teacher who is a freelancer means in the language of government's education department of Gujarat a travelling teacher teaches students with full of complete happiness and freedom for they are free from stress of following unnecessary rules and instructions. They are not afraid of missing from the school because a travelling teacher has many other options of schools, private coaching classes and personal tuitions so he or she is happy and therefore he or she is free in xyz school to teach.

Now we notice a thing in a free and happy person 'self respect'. He or she loves his or her self respect so he or she doesn't like to become a slave in job too so he or she works as a



lecturer. I have experienced myself as a teacher because I love my freedom a lot so I have self respect and felt that when I lost my self respect, I lost my teacher being feeling. It doesn't give me happiness. Actually, self respect of a person is the biggest wealth in any field, not only in education. Money gives temporary happiness to a person while self respect gives permanent happiness. Do you know why this happens?

The person who has self respect, he or she gives him or her own self respect so he or she doesn't have false attraction of respect from others. Further, we will talk about self pride, it is related with the quantity of self respect. If we keep more self respect, it is self pride. When we cross the limit of self pride, it means over self pride creates arrogance.

There is just slight difference between a person's self respect and self pride.

For instance,

If I said, "If I need your help, I will say you whenever I want but I can handle everything myself at present." This is self respect.

If I said, "Generally, I don't like to take anybody's help because I have a habit of doing anything myself." This is self pride.

But,

If I said, "Everybody needs me in this world or I don't need anybody in this world." This is arrogance.