

## Vidhyayana - ISSN 2454-8596

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Indexed in: ROAD & Google Scholar

## **Excellence and Perfection**

Manish Dudhagara (@Man)

English Blogger and Writer, Rajkot, India



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A farmer of Haryana and his family were upset for his son's obesity. Children mocked at him for his fat body as he was very fat. The boy's uncle took him for running in the stadium but he didn't like running. He saw some javelin throwers who were throwing it and got interested in the javelin throw game. Can you guess the name? Before 2020 we don't know his name but today the world knows about him everything. We Indians feel proud of being Indians ourselves because he is originally from Indian army.

Yes, you are absolutely correct Neeraj Chopra. He had started his career at the age of 18 years. His father went to register his name in gymnasium and he began doing exercise in gym a lot. He became enough fit for going in the Indian army. Neeraj Chopra was in the battalion and played different games. Everybody saw a sparkling talent to become a javelin thrower. He participated in Asian games in 2018 and got silver medal in it. Then the history was created in Tokyo Olympics 2020 which was postponed as COVID-19 and actually it was organized in 2021. Neeraj Chopra gave us golden achievement in javelin throw ever in the history for the first time.

The journey from a very fat boy to an Indian javelin throw athlete was totally struggling. The throw of 87.8 meter of javelin became well known all over India and the world and at present in Common Wealth Games he bagged another silver medal in javelin throw. He got these achievements due to going towards excellence in his game.

The list is huge who got achievements because of getting excellence in their fields. They kept in mind constantly I want to do the best work and I want to improve my work day by day that type of passion and patience of chasing excellence gives this kind of achievement like Neeraj Chopra.

Actors are many in Bollywood but why only Amitabh Bachchan is excellent, the most famous and called Sahenshah of all actors because of excellence. Sachin Tendulkar in cricket got excellence in batting and became pioneer for all the present age cricketers. The formula seems simple but applying in a person's own profession is the toughest. Excellence asks a lot persistence, struggle, consistency in performances and practice until you do the best work for yourself.

If you are ready to give your 100% in xyz work and you don't satisfy until you get excellent work, Then excellence is possible only. We think that it is the matter of doing competitions with others but actually it is the matter of self competition consistently day by day doing better and better and at last you will get excellence in your work.

"Our goal should be excellence not perfection as perfection can't be achieved ever."