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Moments and Milestones: A Journey Through Life's Opportunities

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Abstract

The text explores the profound concept of life as a series of opportunities, emphasizing the significance of each moment. Drawing parallels to the strategic approach of a cricketer, the paper underscores the importance of treating every moment as a fresh opportunity. The narrative goes deep into various aspects of life, portraying moments as chances to understand, experience, and wisely utilize them. It touches upon the essence of lived moments, the symbolism of rare and memorable occurrences, and the continuous interplay between opportunities and moments in diverse life scenarios. The text also reflects on the cultural and societal dimensions, weaving together themes of duty, service, and the intrinsic value of each passing moment. Ultimately, it concludes with a call to recognize and embrace the inherent opportunities embedded in the tapestry of life, leaving readers to contemplate the profound connection between moments and opportunities.

Keywords – spirituality, cultural, societal dimensions, moments, milestones.

Introduction

Embark on a philosophical journey through the intricate tapestry of life in this passage. Contemplating the profound connection between moments and opportunities, urging readers to perceive each instant as a unique chance for understanding, experience, and wise utilization. Explore the essence of life through cultural and societal lenses.

“Human life is an opportunity, a chance to live, not just to witness the path of death but to embrace life! Every moment of life is an opportunity.”

When someone asked Sunil Gavaskar how he handles the pressure of people calling him a run machine and if it ever gets overwhelming, he responded, "I treat every ball as a fresh ball!" He calmly plays each delivery intelligently, understanding the power of the first ball, making it an opportunity to score. Where does the pressure come from to perform consistently? Staying focused on the present moment on the cricket pitch makes it easy, and avoiding getting out becomes second nature! Life, too, is full of such moments.



Moments, chances, and actions

Every moment in life is an opportunity to understand, experience, use wisely, and turn it into a rare moment, either becoming a skilful act or creating a memorable moment. Because living through these passed moments is life itself. For seekers, each moment is an opportunity, and those moments that have passed are considered death! Every moment for a warrior is an opportunity, and the moment that brings fulfilment in the struggle becomes a victorious moment. Whether it's easy to remain calm on the cricket pitch or difficult to get out, life is also like that. Every moment in life comes as a new opportunity to experience, learn, and wisely use it. If that moment is used with intelligence, it becomes a rare moment, and if used with wisdom, it becomes a memorable moment.

Because the essence of these lived moments is life. For practitioners, each moment is only for the sake of Ishwara's remembrance and repaying the debts of the past moments by serving humanity. The moment spent in serving humanity, using a little time, a little companionship, and a little service with wisdom, becomes a moment of rare significance. A moment when the whole year is spent in practice is an opportunity to achieve knowledge. After a month of rehearsal, when a play is performed in front of an audience, it is an opportunity for the actor to portray a character with dedication. When a soldier is recruited into the army, and after some time of training, he faces the opportunity to fight for the country in war, every soldier's dream, it is a moment of immense significance. Even eating a meal becomes an opportunity when Bahubali Bhima observes a fast as a challenge and turns it into an opportunity to prove his strength. Life is full of such moments that we may not always remember, but each moment has its own value. Sometimes, moments may feel like an opportunity, and sometimes, opportunities may feel like moments!

Breathing changes with each passing moment and living happens with each passing moment. Even though not every moment may be memorable, every moment has its own significance. Recognizing such moments is an opportunity today.

For a deceased parent, an opportunity is serving for the sake of their offspring. It is an opportunity to repay the debts of a lifetime of service that made their children thrive. The entire life spent in making the daughter happy when she gets married, experiencing the cultural rituals of her in-laws, is an opportunity. After receiving an appointment letter for a job, which proves the truth of the obtained degree, it is an opportunity to show the reality. Moments spent training for a job and facing the challenges of the workplace make a significant moment in Bhima's life. Balancing on the edge, Bahubali Bhima, who observes an indefinite fast,



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creates a memorable moment as significant as the fast itself. Moments that are sometimes intense, like the infinite complexity experienced by a practitioner in meditation, are powerful moments. While a yogi's time for samadhi may seem monumental, the moment of a yogi experiencing a blink of an eye with full awareness is as precious as gold! In our Gujarati language, "Avsar" means an incident, an event, or an auspicious moment.

Today, let's recognize this opportunity, for a pacified wife who had a disagreement with her husband, a couple flowers are also an opportunity for the contented couple. After experiencing the repercussions of a teacher's strictness, obtaining a "Dad's Appreciation" for a student is an unmatched opportunity. The hard work and dedication to earn a valuable moment to present the truth are not less valuable. Even a small effort to confront the truth, to face adversity with courage, is not a lesser force. Indian culture and civilization have emerged from such true and subtle opportunities. In a real sense, by beginning life with letters, we will see the beginning of life with real opportunities! The opportunity to face the truth and raise an empowering voice against falsehood is not a lesser effort. After a year of practice, the upcoming annual exam is an opportunity for knowledge acquisition. A rehearsal of one month followed by performing a play in front of an audience is an opportunity for an artist to portray a character. When the moment arrives and the artist in the painting fills the colours, writes a poem with rhythm and rhyme, or a journalist writes an article that challenges society, and someone quietly does a laborious job, finding satisfaction, each of these moments is an opportunity...

Moments by moments, sacrifices are made, moments by moments, expenses are incurred, Moment by moment, the breath vibrates, and moment by moment, life is lived. Even if not every moment is memorable, at every moment, there is self-pride! Recognizing an opportunity means embracing it with determination, be it a missed opportunity, a disappointment, or even a lucky chance. Sometimes, it may seem that these opportunities are the moments of life or life's moments are opportunities?!"



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About the Author



Dr. Jyoti U. Rajyaguru, has over 25 years of rich experience teaching students of commerce and computer science. She is a commerce postgraduate and has active interest in teaching computer science courses to various students of commerce. She has completed her Ph. D on broad area of E-Banking and study of bank consumers. Along with teaching she takes active interest in students' development and counselling. She is invited by different institutions as expert in commerce, computers, and arts. She also contributes actively to designing new courses and curriculum in commerce and other related domain. Not only she focuses her professional life in Commerce, but she is also enjoys writing about various philosophical and cultural domains.