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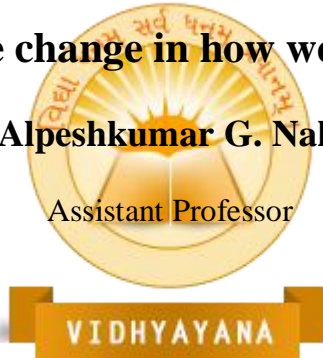
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Covid-19: The change in how we think and live

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Preface

Covid-19 has become a global pandemic and has threatened the human existence in a new way. The world is fighting against this virus collectively. All the technological advancement, urbanization, luxurious life style, industrialization and other external affairs that has evolved during last century looks futile and necessity of life is paramount important today. Over two lacs deaths have been recorded. There is no sign of normalcy in near future. Social distancing and complete lockdown has been the sole strategies to combat Covid-19. Indian government has announced third phase of lockdown from 4th to 17th of May, 2020. It has been over a month and half that whole country is locked down. People are in their homes. They are spending time with their near ones and dear ones and themselves as well. The present paper ponders over following questions and the author tried to answer them.

1. Has Covid-19 changed the way we live?
2. Has Covid-19 changed the way we think?
3. Has Covid-19 helped discover ourselves in a new way?
4. Has Covid-19 changed we think about relation between human and nature?

There are and can be many more questions raised by Covid-19. The world after Covid-19 will be different. The lifestyle of the people will change. The dealing of people with other and with nature will change or in other words have to be changed. Covid-19 will change the world permanently. A crisis on this scale can reorder society in dramatic ways, for better or worse.

Has Covid-19 changed the way we live?

The life style has been different in every region and country according to the natural resources and the culture. Bu there has been two main class of lifestyle. A lifestyle full of abundance, luxury, materialism, consumerism and the other is of deprivation, poverty, shortages, and unhappiness. A global, novel virus that keeps us contained in our homes has changed the way we lived and will change our lifestyle after Covid-19. We have found the



essential things for living a peaceful life. We have found travelling, shopping of cloths, going to restaurants, extravagant celebrations no a part of real life. We will be entering in a digital life style. Most of the dealings will be online in every sector of life. The daily behavior will full of precautions like social distancing, wearing face masks, washing hands, using sanitizers. We will be more conscious about health and immune system because Covid-19 is going to be a part of our life. We need to rethink our distribution of resources. We found many people on the verge of starvation within twenty days of lockdown. On the other hand we have donators donating crores of rupees. So extreme poverty and uneven distribution of resources need a rethought. We need to change or eating habits. We have been killing thousands of animals and insects from centuries to eat them as food. We need to respect the ecosystem and rethink our food habits.

Reports in news paper indicate that there is surge of 20% in internet use in India. (Singh, A. 2020). "India's internet consumption up during Covid-19 lockdown, shows data", Says Amrita Madhukalya (2020). India's internet consumption rose by 13% since the nationwide lockdown was put in place to check the spread of Covid-19, according to telecom ministry data that showed Indians consumed 308 petabytes (PB) or 308,000 terabytes (TB) of data daily on an average for the week beginning March 22. People has used this time going digital. They watched thousands of videos, spent many hours in surfing, social media etc. The complete education system has gone online during this period. There has been boom of online class, online learning and teaching.

Has Covid-19 changed the way we think?

We have been thinking as the most powerful creations on earth. But the nature has taught us that we are not the most powerful. We were busy in fighting each other on economic, sociological, cultural fronts. We were fighting with terrorism, poverty, unemployment. Now we have to reunite and fight against Covid-19. As it is a threat against human race. We need to think as human being not as an Indian or American. Extreme individualistic self-centred lifestyle has to boycotted and the nature of helping others, living in harmony with others, taking care of others, living in collaboration not only with our



neighbors but the community and living with other creatures of the world. Materialism, consumerism, industrialization at the cost of environment, development at the cost of environment needs to be changed.

Has Covid-19 helped discover ourselves in a new way?

A global pandemic keeps us contained in our homes, maybe for months and is already reorienting our relationship to others, to the outside world, even to each other. But crisis moments also present opportunity: more sophisticated and flexible use of technology, less polarization, a revived appreciation for the outdoors and life's other simple pleasures. No one knows exactly what will come. We have to learn living alone sometime. Think of the new concept of quarantined. The comfort of being in the presence of others might be replaced by a greater comfort with absence.

During this period of lockdown, many people found time for themselves. Because of the hectic daily life style they almost never gave time to themselves or their relatives. We got an opportunity to know not only our dear and near ones but also the self. Many of us rejuvenated our hobbies. Many of us rediscovered their hidden skills, talent, hobbies and personality. Many of us tried new things at home and found it great. Many of observed that during this period, many people have expressed their thoughts about a new peaceful life completely different from the old one.

Many of us made good paintings, cooked food, made best out of waste, and wrote stories, played indoors games, read many books. The digital life has also changed. People used social media platforms for mutual relations, communication with others.

Has Covid-19 changed we think about relation between human and nature?

We need to think whether science is against nature or it is in race with nature. I think no. Science and technological advancement should be in harmony with nature. The pollution that has been spread though this advancement has hurt the nature a lot. The coronavirus has laid bare the failures of our costly, inefficient, market-based system for developing, researching and manufacturing. We need to respect the nature and its color. We need to



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understand that we are important part of the whole ecosystem and we are not the boss. If we don't care about nature, nature won't care about us either.

A story from national geographic (Dina F. M. 2020) says 'Wet markets' likely launched the coronavirus. A wet market in Wuhan, China, called the Huanan Seafood Wholesale Market, is believed to be the source of COVID-19. The Huanan market, for example, had a wild animal section where live and slaughtered species were for sale: snakes, beavers, porcupines, and baby crocodiles, among other animals. on January 26, China did ban the trade and consumption of wild animals for food. And starting on January 1, the government temporarily closed the Huanan market, after it was identified as the likely source of many early cases of COVID-19. Close interactions with wild animals have caused numerous disease outbreaks in humans, including Ebola and HIV. When animals are under duress, viral pathogens can intermingle, swap bits of their genetic code, and perhaps mutate in ways that make them more transmissible between species.

This is alarming for human race. We need to rethink our relation and dealing with nature. We need to respect and love life of every species on earth.

Conclusion

COVID-19 (Coronavirus) has affected day to day life in every aspect. This pandemic has affected thousands of peoples, being a new viral disease affecting humans for the first time, vaccines are not yet available. Lockdown and other precautions could be temporary solutions but not permanent. We need to rethink about our lifestyle, our dealing with nature and others, our system of belief about science and development. This virus creates significant knock-on not only to our external affairs but also to our inner self.



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