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## **COMPARISON OF WILL TO WIN OF BASKETBALL AND NETBALL PLAYERS AT INTER UNIVERSITY LEVEL**

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## Abstract

The main objective of modern sports is to win, not just play and play. Physical and physical health, pleasure and pleasure are not goals or goals anymore. The success of Indian athletes and athletes at the international event is due to a lack of will to win. This is a factor that makes you a great competitor. There are many cases where the unpredictable men of great sports persons will to win. The study compared the will to win of Netball and Basketball players involved in north zone and All India inter University level. The results shows get Basketball players are better in will to win than Netball players. Basketball Male and Female Basketball players are better in will to win than Netball Male players.

**Keyword :** Will to Win, Basketball and Netball

## Introduction

The history of basketball can be traced back to the early development of basketball. A year after basketball was founded in 1891, the sport was modified for women to adopt a social convention regarding the participation in sports that provided women's basketball. Variations of women's basketball have occurred throughout the United States and in the United Kingdom. At Bergman Osterberg Physical Training College in Dartford, England, the women's basketball rules were modified over the years to create a completely new sport: netball. The first set of rules for basketball were published in the early 20<sup>th</sup> century, and since then the new sport has spread throughout the United Kingdom, and it was also designed to energize young women

Netball is one of the fastest growing sports in the world. Adapted from basketball, it is known as "Women's Basketball" and was brought to England from the United States in the early 1900s. The game is played outside by women on the grass and is what we know as a ball game. Netball is a non-contact sport and players must be fast, strong and agile. A game puts a lot of pressure on the body, with players having to create short bars, stop hard and twist and roll during the game.

Basketball was founded by Dr. James Naismith in 1891 to engage in indoor sports during the winter that kept them fit. He designed a sporty style based on a duck toy on a rock where players had to hit a rock called a duck in the game. The duck is protected by other players and placed high on the rocks. .

He also wanted the game to be safer, so the sport was played with a basketball and a basket of apples, about 10 feet high, not physically related, making the player interested in the ball and not the other players. No. He made thirteen rules, and the first match was played on December 21, 1891, between two teams of nine players at



Springfield College.

The main objective of modern sports is to win, not just play and play. Physical and physical health, pleasure and pleasure are not goals or goals anymore. The success of Indian athletes and athletes at the international event is due to a lack of will to win. This is a factor that makes you a great competitor. There are many cases where the unpredictable men of great sports persons will to win. So the researchers decided to investigate the aggressiveness, the anxiety and the will to win the Netball and Basketball players involved in north zone inter University level.

**Fairall & Rodgers (1997)** examined the effectiveness of the three targeted approaches (self-directed and self-directed participants) on different attributes of the target. Light athletes (N = 67) were randomly selected on a test condition. The results of the ANOVA Inter-group show significant differences in participation rates. The athletes find that each condition demonstrates the success of manipulation. However, the additional analysis does not demonstrate the benefits for self-confidence and self-reliance compared to the conditions determined by the target attribute.

**Singh and Sahni (2010)** show that psychological or psychological factors affect the behavior of athletes at the elite level. To develop a high capacity to work with pressure, we have to test people at risk and pressure. Tension refers to active physical activity conditions in the body. This is the level of strength. The degree of tension or movement may vary from deep sleep to exhilaration. The concept of the maximum level of activity is that for each skill, there is a degree of level improvement, a level corresponding to the maximum level of performance. High stress is the level of energy and intensity that refers to the best performance of the athlete. The most successful sporting activities work at or near the highest levels of stress in the pressure situation. In this study, Indian men were examined for selected psychological variables and their forms were analyzed. Then the war was affected by exercise by relaxing the muscles for 45 days and their responses were recorded on all four biological variables. Therefore, the training and the training were carried out and the results were explained. An analysis of the current scenario of the situation of Indian men's combatants was made, and recommendations were made in parallel to improve the work of Indian fighters so that they could better overcome the conflict. Psychological barriers at an elite level.

## Methodology

To undertake this present study, total 300 Netball and Basketball Players were selected as subjects. The age group of the subjects was 17 to 25 years. The present study consists of 150 Male players (75 Netball and 75 Basketball) and 150 female players (75 Netball and 75 Basketball) which won first place in their respective



universities. The players belong to Kurukshetra University, Kurukshetra, Maharisithi Dayanand University, Rohtak, Deenbandhu Chhotu Ram University of Science & Technology, Sonipat, Punjabi University, Patiala, Punjab University, Chandigarh and Guru Nanak Dev University, Amritsar.

The data were collected from during North Zone Basketball Inter University Championship held at Deenbandhu Chhotu Ram University of Science & Technology, Sonipat and All India Inter University Netball Championship held at Annamalai University, Chennai in the session 2019-20

Will to win Questionnaire constructed by Pezer and Brown (Indian Adaptation by Dr. Anand Kumar and P.S. Shukla) was used for the collection of data from the subjects. t test was used to compare the raw data.

## Result of The Study

't' was applied to test the significance difference between Basketball and Netball Players 't' is presented in Table 1 and figure 1.

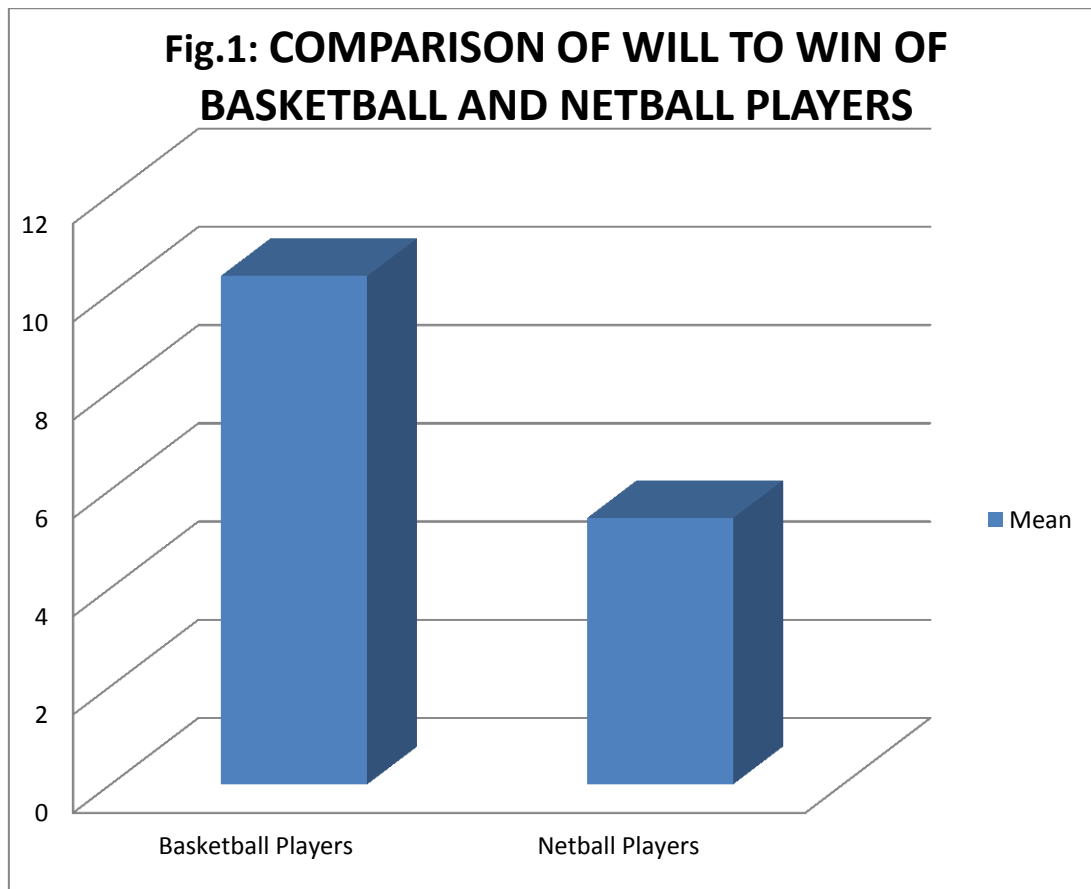
There is a difference in will to win between Basketball and Netball Players. The mean of will to win of basketball players is 10.35 with SD 2.36, while the mean of will to win of Netball players is 5.42 with SD 2.42. The 't' of will to win of both the Basketball and Netball players is 17.26 which is significant at .01 level. Which shows that there exists difference of will to win between Basketball and Netball Players.

**TABLE- 1**

## Comparison of Will To Win Of Basketball And Netball Players

Game	N	Mean	SD	t
Basketball	150	10.35	2.36	<b>17.26*</b>
Netball	150	5.42	2.42	

**\*Significant at 0.01 level**



### Comparison of Will To Win Between Male Basketball And Netball Players

‘t’ was applied to test the significance difference between Male Basketball and Netball Players ‘t’ is presented in Table 2 and figure 2.

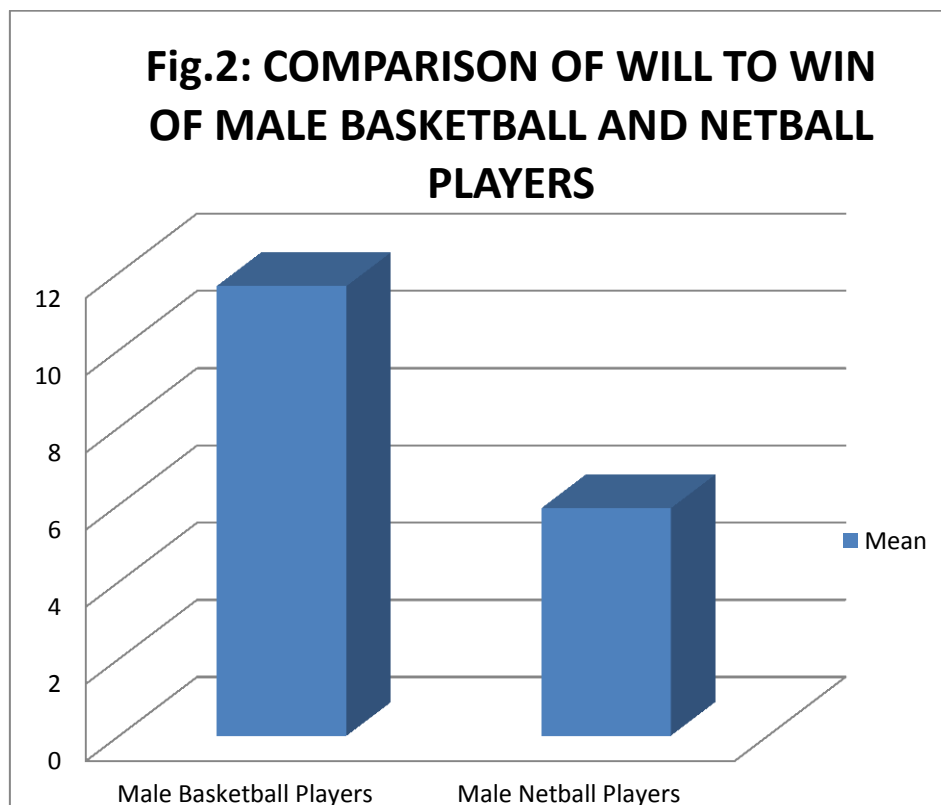
There is a difference in will to win between Male Basketball and Netball Players. The mean of will to win of basketball players is 11.69 with SD 1.49, while the mean of will to win of Netball players is 5.90 with SD 2.32. The ‘t’ of will to win of both the Basketball and Netball players is 16.97 which is significant at .01 level. Which shows that there exists difference of will to win between Male Basketball and Netball Players.

**TABLE- 2**

**Comparison of Will To Win of Male Basketball And Netball Players**

Game	N	Mean	SD	t
Male Basketball Players	75	11.65	1.49	<b>16.97*</b>
Female Basketball Players	75	5.90	2.32	

**\*Significant at 0.01 level**



**Comparison of Will To Win Between Female Basketball And Netball Players**

‘t’ was applied to test the significance difference between Female Basketball and



Netball Players 't' is presented in Table 3 and figure 3.

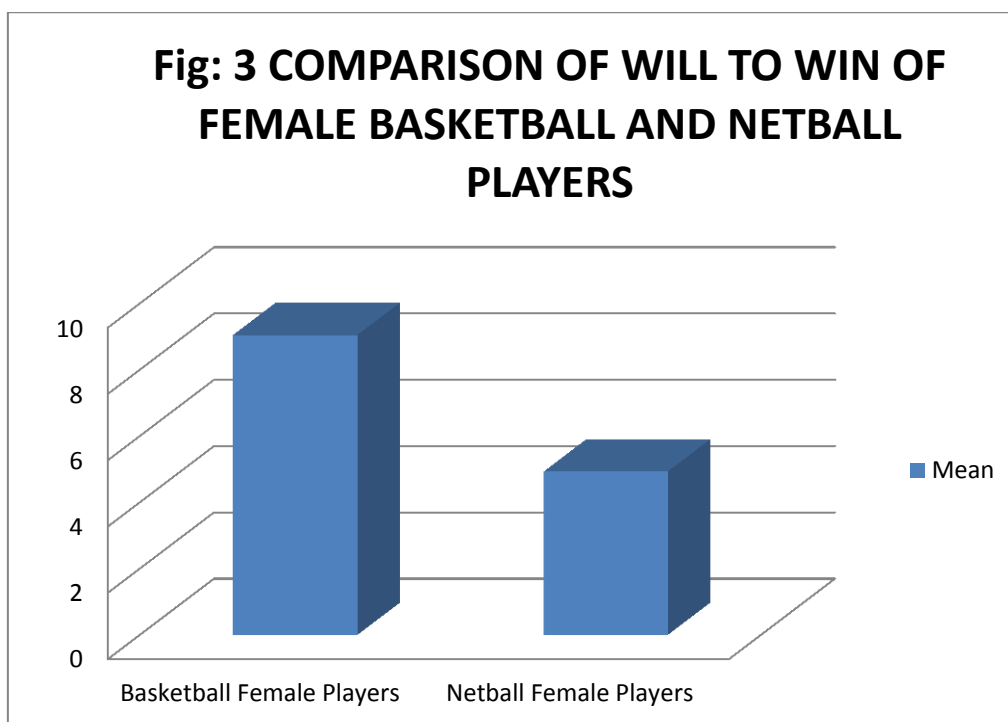
There is a difference in will to win between Female Basketball and Netball Players. The mean of will to win of basketball players is 9.05 with SD 2.36, while the mean of will to win of Netball players is 4.93 with SD 2.41. The 't' of will to win of both the Basketball and Netball Female players is 9.29 which is significant at .01 level. Which shows that there exists difference of will to win between Female Basketball and Netball Players.

**TABLE- 3**

**Comparison of Will To Win of Female Basketball And Netball Players**

Game	N	Mean	SD	t
Basketball Female	75	9.05	2.33	<b>9.29*</b>
Netball Female	75	4.93	2.41	

**\*Significant at 0.01 level**



## Discussion of Results

- Basketball players are better in will to win than Netball players.** There is a difference in will to win between basketball and Netball players. The mean of will to win of Basketball is 10.35, while the mean of will to win of Netball players is 5.42. The 't' of will to win of both the Basketball and Netball is 17.26 which is significant at .01 level.
- Basketball Male players are better in will to win than Netball Male players.** There is a difference in will to win between basketball and Netball Male players. The mean of will to win of Basketball male players is 11.65, while the mean of will to win of Netball male players is 5.90. The 't' of will to win of both the Basketball and Netball male players is 16.97 which is significant at .01 level.
- Basketball Female players are better in will to win than Netball Female players.** There is a difference in will to win between basketball and Netball Female players. The mean of will to win of Basketball female players is 9.05, while the mean of will to win of Netball female players is 4.93. The 't' of will to win of both the Basketball and Netball female players is 9.29 which is significant at .01 level.





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