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#### Archetypal Influence on the Psychology of Gender Roles

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#### **Abstract**

The paper articulates and endeavours the significance of gender roles to perpetuate the segregation and geniality of gendered duties and responsibilities. The desideration of paradigm is prerequisite requirement of evolving contemporary epoch. Conventional social role related to the sex of individual represents the salient societal expectation and identity. Into the concept of psychology, this equated and associated with Carl Jung's concept of archetypes. These ideas are universal and symbolic which are deeply embedded in the cumulative consciousness. Nonetheless psychology offers into the way in which narratives and cultural symbols transforms humans into collective identities.

The paradigm of gender specific duties is profound and it impacts individuals' self-perception behaviour and gender norms. By scrutinizing the psychological dimensions, it can help society to develop the understanding of gender and can bring impartiality to modern era where the significance of sex equitability is an exigency. The research paper strives to rationalize non bias attempt for the same.

#### Introduction

Feminism and gender equality in literature holds the significance in various manners. Analysing the aspects can bring intellectual lucidity which is the salient necessity nowadays. A requisite essentiality of how gender intersects with other identities such as race, ethnicity,



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social class and sexuality is the phenomenal affair. Psychological archetypes have already been accepted by the society on the basis of the sex, which distinguish the duties of an individual in particular fixture. Discrimination has become one of the indecipherable happening. This mindset is the result of the practices and the rituals which have been being performed since ancient time. Societal norms are pre-decided in accordance to gender roles before the birth of a child. At the very early age of a child somewhat near 15<sup>th</sup> or 18<sup>th</sup> month an individual begins to believe that s/he is a boy or a girl and feel their gender. A family carries out definite contribution in developing this cerebration from inception.

The reciprocation between archetypal influences and gender obligation is a course of earnest psychological and sociocultural noteworthiness. Human identity's intricate tapestry enclosed by the archetype is a universal symbolic theme which is enormously embedded in the unconscious as theorized by Carl Jung. He has been being acknowledged by the scholars since long for his subtle yet potent pliant perception of how individuals perceive and enact their gendered contribution. The intersectionality betwixt the sex and their quintessential role is intricate and multifaceted area of study that delves into very heart of human psychology, societal expectations, and the establishment of individual identities.

Since the humanity evolved and gendered archetypes have been becoming prominent increasingly and apprehensive of this stereotypical has become social disorganisation because of predetermined rules. It offers a unique lens through which the exploration of the origin can be analysed which would engender the possibilities to the ways which impacts individuals and communities. As this exploration will aim to unveil the unseen aspects of gender-related archetypes that sway everything from personal self-identity to cultural norms.

If the impact of prerequisite gendered archetypes is discussed or analysed than the most dominant influence of it cannot be denied which occurs because of it and that is discrimination. Gender discrimination has been unresolved problem of society since beginning and the impact of it on cultural and social state is rooted and imbibed in individual's mindset. Discrimination related to gender starts from the childhood, nonetheless it can be said that it starts with before the birth of a child. In fact, if it is ever to fully understand how and why man gained the image of the one who accomplishes the greatest and



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most important deeds while woman was relegated to the role of ever-patient helper, and subsequently assured that this was the natural state of male-female relationships. Perhaps, the analytical interpretations can reveal that this unfairness to the person on based of his or her identity begins with family's perception, furthermore to elicit it can be explained how a family starts treating children from very early age of them on the basis of identity or in other words gender; children start to believe that they are female or male and start feeling their femineity or masculinity.

Since long or for centuries it has been taught to young children, both male and female, that MALE deity created the universe and all that is in it, produced MAN in his own divine image and then, as afterthought, created woman, to obediently help man in his endeavours? The image of Eve, created for her husband, from her husband, the woman who was supposed to have brought about the downfall of humankind, has in many ways become the image of all women. Somewhat this has become the archetype around the world, and it has become patriarchal world. Women are longing for their equal rights as a human being and want to live as maverick. The purpose of this research is nonbiased; thus, it cannot be denied that even males also face inequality at some extent, and they are the nub too. The belonging of genders has been turned into the rivalry. Nonetheless, an implication of the duties for survival of an individual should be based on the potential and the capability, reluctant to their gender. Whereas if, an interpretation is made a confabulation of human evolution in which William Irwin Thompson points out that early human evolution occurred in three critical stages: 1) hominization, in which our primate bodies became human, not only in walking upright and freeing the hands, but specifically in our sexual characteristics and functions; 2) symbolization, in which we began using speech, marking time, painting, and sculpting images; and 3) agriculturalization, in which we domesticated seeds and began control food production. And, Thompson writes, all three stages were initiated and developed by the human female. The symbol-making and agricultural stages have been studied, and the originating role of women in these stages is known; it is sexual hominization which, as yet, has barely been explored. The researcher firmly believes that the detail studies and interpretations of hominization can bring important facts to up front which can enlighten the society about a contribution of an individual towards human evolvement excepting their



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gendered archetypes. Many feminists are trying to get into roots of human evolvement because that is the only way from where the contemporary women and men would get the sense of equality among them. As time is passing it can be noticed that relationships are becoming more complicated and least lasting just because of some fixed mind-sets of social rules in which it is already decided that which work has to be done by whom!

In this research paper a researcher has gone through many books and articles to analyse how these predefines archetypes been shaped in different cultures and society. All individuals have their own part of duty to perform in their life, and this basic sense of responsibility constitutes the thought process of everyone, since they began to understand the world. At the tender age a girl or a boy start to feel her or his genderedinfluence. Researcher has read and concluded that the early childhood stereotypes influence individual's thought process and they are imposed to follow them because of social norms. If, it is discussed about this segregation of responsibilities there are so many aspects which can be taken into consideration. The fundamental process of prescribed roles is becoming barriers and effecting the psychology of people. Dr Jean Shinoda Bolen, who was a psychiatrist, has mentioned in her book that group of women and men inside the American Psychiatric Association, whose professional experience had led them to believe that equal treatment under the law was crucial to women's health. They therefore supported the passage of the equal rights Amendment. Perhaps women are more affected because as Dr Jean Shinoda experienced as psychiatrist and has heard hundreds of personal stories and scrutinised that there are mythic dimensions in everyone. Some women come to see psychiatrist when they are demoralised or not functioning others when they wisely perceive that they are caught in a situation they need to understand and change. It seems to her that women seek the help of a therapist in order to learn how to be a better protagonist or heroines in their own life stories.

Researcher has been agreed in this paper in accordance of many literary written materials and some perceptions have been shaped those are elicited further. An evolvement of society and early culture has fundamental of separated duties among genders according to their strength. The core requirement of human life or any creature is survival; and, all the individuals have their own part to perform. When some of the facts are analysed and they cannot be neglected



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which are very important to be understood that, how archetypes have been structured and already decided moral duties are imposed on people according to individuals' gender.

Human life has evolved by the time. As Stephen Joy Gould describes it, "the embryo in its first eight weeks if Y-Chromosome bearing sperm fuses with the egg, the gonads will develop into testes, which secrete androgen, which in turn induces male genitalia to develop. In the absence of androgen, the embryodevelops into a female. The early embryo contains precursors of both the sexes." Thus, it can be said that gendered differentiation is not to be imposed to individualbecause both the sexes have their own impacts n each other from the beginning of life. In the history, at the time of agrarian human lived wandering life. Survival was based on physical strength, because human used to hunt, had to protect themselves from wild animals, required to explore the secure places and later on when it came to live civilised life at that time also the tasks related to strength were bore and performed by men. It is a biological structure which is blessed to every individual, and in accordance to it the duties were segregated. Nonetheless, the fact cannot be denied that men are more powerful when it comes to physical strength because of their hormonal and biological physic, otherwise there are less differences which proves women are less potent than men. Survival is the rule of life and all the people has to perform their part of duties and when humans get connected to each other; they are responsible to support one another's life morally and emotionally. Man and woman together concoct another human being and it becomes their social, moral and emotional duty to raise the child. So, if historically analysed the pattern, then men were demanded to do physical hard work due to their perceived strength, while women were focused on performing domestic life like raising children, taking care of domestic and pet animals, arranging food and comfort to everyone, develop and build social environment to grow their children, and other social responsibilities. However, these separations of duties have turned into archetypes, and even afterthousandsof years, when time has changed but the norms have remained fix. Technology and machines have overpowered human ability to the extent where almost works can be performed by any of person regardless their gender and physical capabilities, the ideology of duties according to gendered norms has not been changed and patriarchal world is in dominance where females are being treated as second sex, where discrimination, violence, assault and biasness have taken place.



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Furthermore, this research paper agrees with information and articles, which are in support of gender equality; because, in literature like Charlotte Perkins Gilman's "The Yellow Wallpaper", there is critique of stifling effect of traditional gender roles on women's mental health. In addition to talk about women's mental state one should not neglect than men are in reciprocation to a relationship or connection with women. The relatedness of interrelation everyone has with each other always impacts their personal and social position. An emotional dependency on each other brings urge to revive the rules, which have been ushering sense of duties. The keen step of awareness towards these interpretations and discussion to maintain egalitarianism is foremost requirement in contemporary era.

Gendered archetypes are bringing some disbalance nowadays and it is significant to attribute honest research, which is non bias and free of stereotype. This research paper has focused and tried to give articulated the idea of equality. It is very important to elaborate and find out the facts which impacts social states of an individual to maintain social balance. Hence, in accordance to make this society a better place to live a researcher have analysed different literatures. The books and evidences based on the writer's research of that particular piece of text gives us more clear ideas. As in findings of this research paper the equal rights of any individual is the birth right of him and her as human being exceptional to their gender. Equal rights are beneficial to lead a better racial equality, it will provide more clear and healthy mental states of individual which will support to give society healthier children and the most required solace atmosphere around.